

On all our guided tours we supply: lunch, lifejackets, raft, paddles, transportation from check-in area to river and back at the end of the day.

## WHAT TO BRING CHECKLIST

### Summer

- dry clothes
- dry shoes
- towel
- eyeglass retainer
- bathing suit / trunks
- nylon shorts
- T-shirts
- sunscreen
- rainwear
- footwear "old sneakers or water socks"

### Spring / Fall

- dry clothes
- dry shoes
- towel
- eyeglass retainer
- bathing suit / trunks
- wool sweater or pile jacket
- wool or polypropelene socks
- wool hat
- footwear "old sneakers or water socks"

## WE RENT

Paddling Jackets  
Neoprene "wetsuit" Bibs  
Neoprene "wetsuit" Jackets

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The following items are available at most of our check-in centers

Rainsuits

Ponchos

Wool Socks

Wool Hat

Neoprene Mitts

Neoprene Booties

River Sandals

T-Shirts

Shorts

Sweatshirts

Hats

Waterproof Camera

Film

Sunscreen

Eyeglass Retainer

Digital Photos

Video

Postcards

***Laurel Highlands River Tours***

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